



# AYANA ALI

LICENSED CLINICAL SOCIAL WORKER

## PRIVATE PRACTICE & PROFESSIONAL DEVELOPMENT LEADER

- Black Women's Issues
- Infertility and Pregnancy Loss
- Race-Related Trauma
- Grief and Loss
- Cultural Competence
- Anti-Racism Efforts in the Workplace

As Seen In

**COSMOPOLITAN**

Ayana Ali has worked in the public mental health and intellectual disabilities fields for over 20 years. A licensed clinical social worker, she has worked in diverse settings, everywhere from the shelter and state psychiatric systems to mental health clinics and doing immigrant assistance work. She has also run departments devoted to quality assurance, providing mobile psychiatric and clinical care as well case management services to the seriously and persistently mentally ill.

In addition, Ayana has had her own private practice and professional development company for 15 years. Over the last 15 years, in addition to offering psychotherapeutic services to a great number of women of color, the eponymous practice, Ayana Ali Counseling Services has partnered with agencies like Edwin Gould and Salew People Solutions as well as churches and other mental health providers. The company's goal is to provide clinical services and oversight, spread information about mental health, especially in the black community, facilitate grief and loss sessions and to work with businesses seeking to increase their delivery of culturally competent and anti-racist services.

She is committed to black women's issues, infertility and pregnancy loss survivors and anti-racist therapy. She focuses her company's work in these areas. Ayana is a wife to a wonderful husband as well as a mother to a headstrong toddler and a 10 year old chihuahua. She believes that it is her life's calling to help women to fare better in life and to improve their mental health. As a black woman, she is deeply committed to serving other black and BIPOC women who have experienced some of the same challenges that she has.

## CONTACT INFORMATION

Tel: 833 - 410 - 0074

Email: [Ayana@AyanaAliLCSW.org](mailto:Ayana@AyanaAliLCSW.org)

Address: Brooklyn, New York 11230

[@ayanaalilcsw](#)

